

12 DAY TRAUMA THERAPY TRAINING

With
Babette Rothschild



PART 1A	‘WORKING TOWARDS SAFER TRAUMA THERAPY’ <i>2 day seminar: Friday 30th September/Saturday 1st October 2016: 9:30a.m.-5:30 p.m.</i> See Programme for further details
PART 1B	‘WORKING WITH TRAUMA’ <i>2 day seminar: Sunday & Monday 2nd/3rd October 2016: 9.30am-5.30pm</i> This continuation training is open to those who have already participated in Babette Rothschild’s initial 2 day seminar on ‘Working Towards Safer Trauma Therapy’ See programme for Further Details
PART 2	‘WORKING WITH TRAUMA’ <i>4 day training: May 5th – 8th 2017: 9:30a.m.-5:30 p.m.:</i> Theory and technique of therapeutic treatment will be the central focus of this workshop. Both cognitive and somatic sides of transference and countertransference will be explored. Memory theory will be presented as it applies to traumatic memory. In triad groups, participants will begin to utilize Peter Levine's SIBAM dissociation model as a multifaceted tool that can be used to enhance stabilization as well as to increase association and resolution of trauma. Participants will also be encouraged to use the theory they have learned to develop their own techniques.
PART 3	‘WORKING WITH TRAUMA’ <i>4 day training: October 6th – 9th 2017: 9:30a.m.-5:30 p.m.</i> Integration of both theoretical and practical material from all 12 days will be the focus, reinforcing the bridge between theory and practice. Issues involved when trauma therapy is the sole aim of treatment, as well as when it is a part of a long-term psychotherapy, will be addressed. The Bodydynamic "running technique" will be introduced as an imaginal, mind/body integrative procedure for reawakening the flight reflex and reducing hyperarousal. Participants will be supervised in treatment planning, making relevant choices of techniques both during triad role-plays and client consultation.

WORKING WITH TRAUMA’- PART 1A & 1B Cost €400

Part 2 & 3 : Cost € 1000

Further enquiries can be directed to awakeningsinfo@gmail.com 01-4920122